



BALANCE

In Creation, avail autumn 2025



What?

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Photos: @mrpablura

'Balance' is a captivating **contemporary circus show** by Brainfools, featuring Jared and Toffy.

Fusing circus with physical theatre, it transforms discarded pub objects – kegs and bottles – into equipment for breathtaking acrobatics and gravity-defying balances.

This innovative fun performance playfully explores society's relationship with alcohol, subtly touching on themes of mental health and environmental hope.

Audiences will be uplifted by its visual artistry. At 30 minutes, appealing to ages 7+, it's highly flexible for indoor/outdoor venues (perfect for pubs and community gardens, festivals)

Why?

'Balance' was conceived by co-artistic directors Jared & Toffy as an observation and reaction to people's relationship with alcohol in the UK.

This authentic foundation drives its playful yet profound exploration of society's relationship with alcohol, mental health and hope for change.

Offering a relevant narrative, this captivating **contemporary circus** appeals broadly to families and diverse communities. Brainfools' proven track record and adaptable performance ensure an impactful, thoughtful, and unique addition to your programme.

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Key stats

Availability:	autumn 2025 (outdoors) & 2026
Performances:	up to 2 shows a day
On the road:	2 Performers (2 acrobats) + Stage Manager
Technical Requirements:	self sufficient
Get-In:	30min + 1h warm up
Duration:	30 minutes
Get-out:	15 min
Engage:	Circus & Creative workshops available
Double bill options available:	15-30 min available other performers
Age Guidance:	6+

Creators

Idea, Direction & Performer | Jared Shanks & Toffy Paulweber

Music | Joe Edwards

Dramaturg | Pam Farrugia

Audience

Balance is for

- Outdoors: Festival audiences, Rural touring, Pub gardens,
- Indoors: Theater, Art Venues, Exhibitions
- People who enjoy circus, acrobatics
- No matter their ethno economic background
- Families
- Differently Abled people

Quotes:

“Brainfools Circus’s new show Balance is a joyful and thoughtful piece that successfully manages to “balance” intimate storytelling and presentation along with all the scale, excitement and wow factor moments you want from a circus show!” - Stuart Cox (CEO, Hoxton Hall Theatre)

“Balance provides an interesting show which explores the balance in life with real life balances on everyday objects from the English drinking culture. It questions where this sits in our everyday life and this is an exciting new contemporary circus show which explores personal limits and vices in an exciting and intimate way. ” - Clive Lyttle (AD Certain Blacks)

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Company

Brainfools is a fresh, dynamic contemporary circus company established in the UK in 2021. Founded and run by co-artistic directors Toffy Paulweber and Jared Shanks, the company's philosophy is embedded in its very name. "Brain" signifies their commitment to reflecting on socially relevant topics, while "Fools" represents their dedication to adding accessible and entertaining circus foolery. This unique blend creates "Thoughtful tales, Silly Circus".

Since its inception, Brainfools has rapidly made a name for itself, successfully creating and touring two compelling shows across the UK: Lucky Pigeons and Circus Enchanté. Lucky Pigeons proved to be a significant success, touring rurally in 2022 with six rural touring schemes in the South West. It was also proudly showcased at the Edinburgh Fringe in association with Underbelly.

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Contact us!
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Tour Enquiries